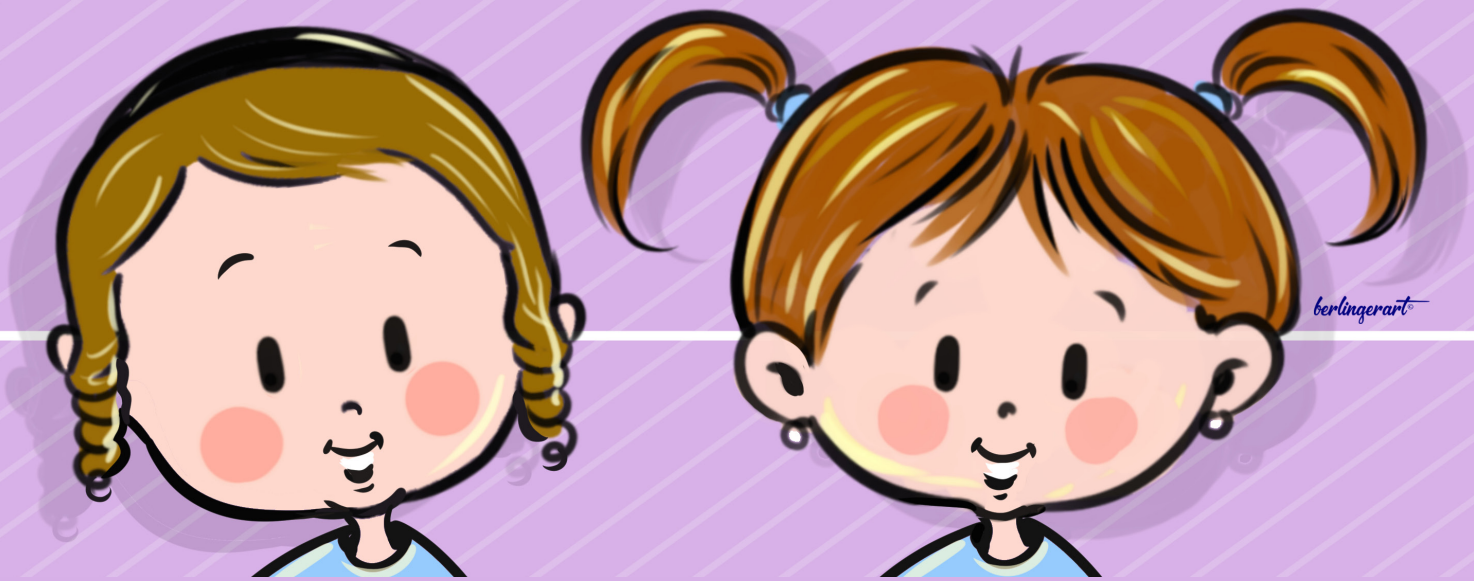
Zevi and Miri's
brother becomes

Bar Mitzva



Zeh Lozeh
זה לזה
Here for each other

בס״ד

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Zevi and Miri learn about Coronavirus

A Zevi and Miri Book

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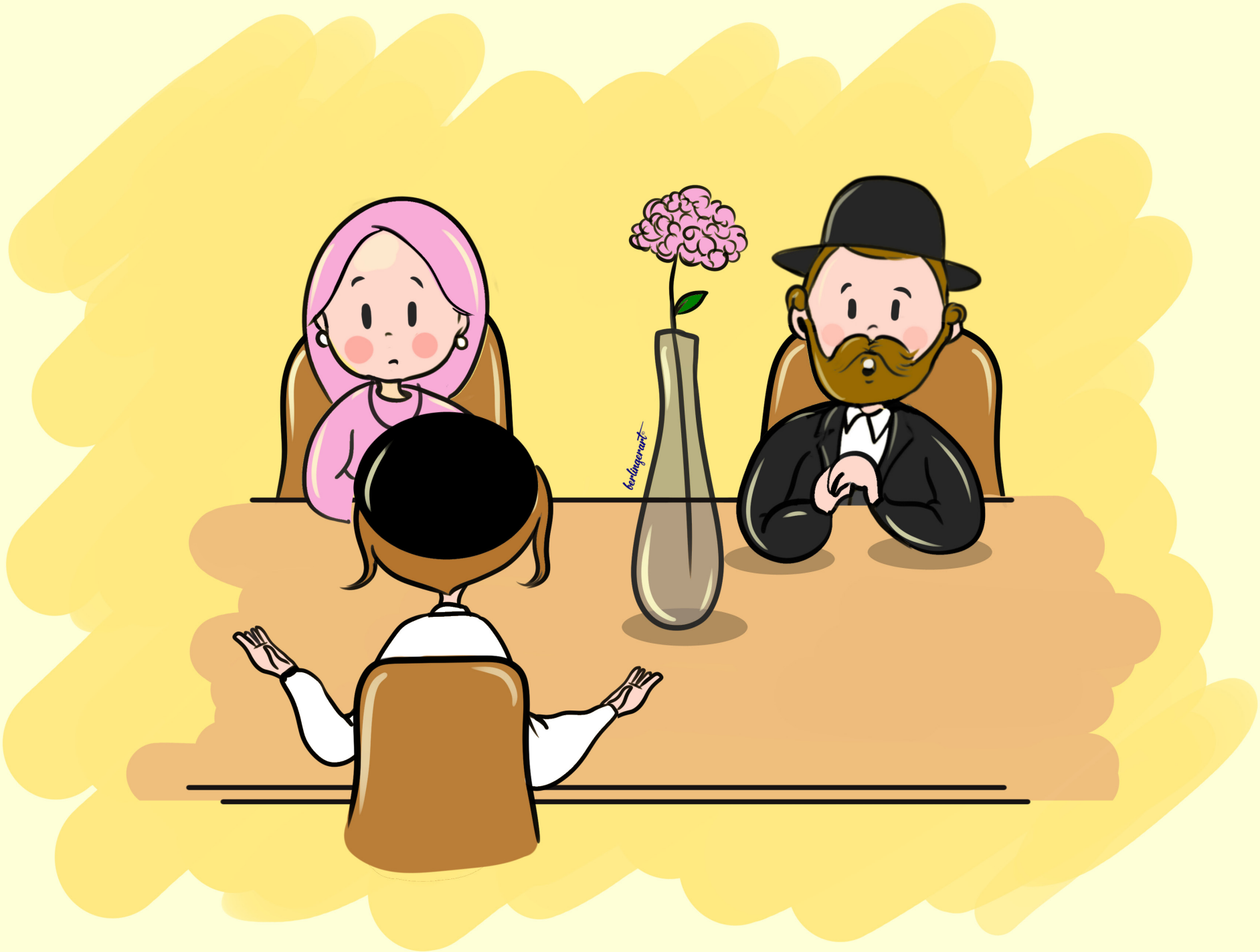
Miri twirls around just one more time in front of the mirror. She just loves the way her rose pink dress swishes around her. She feels like a princess. Miri sits down and sighs. Now with lockdown and the coronavirus, it seems the plans for her big brother Ari's Bar Mitzvah will be changing.

“I was very much looking forward to proudly watching Ari in shul on Shabbos,” Zevi says to Miri as he punches his pillow.

“I know, and I was excited to see Zeidy, Bubby, and all the family and friends join in our simchah,” Miri adds quietly. The family are very disappointed that after all the excitement and plans there will be no grand Bar Mitzvah after all.

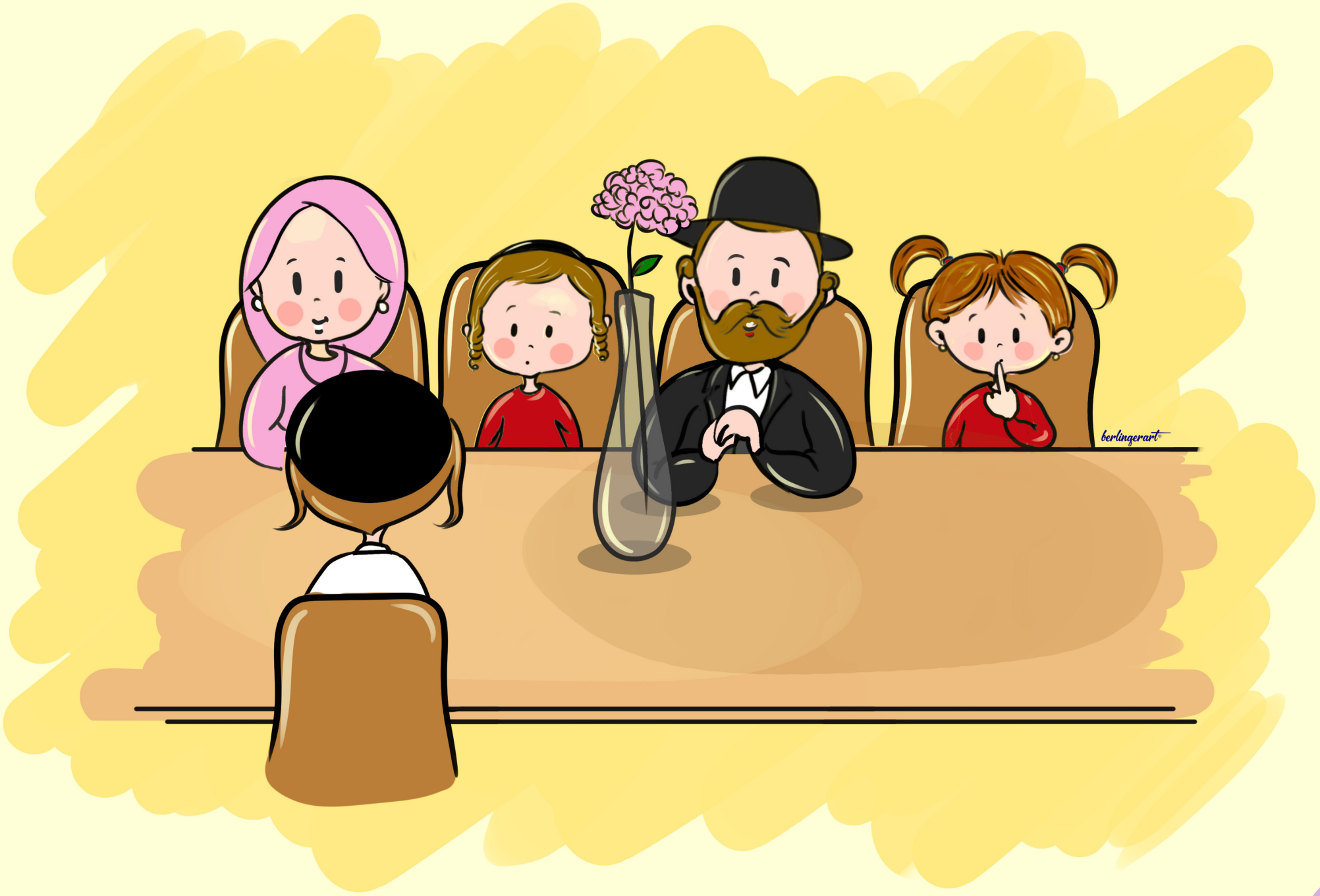
Tatty and Mummy have a private chat with Ari. Ari feels sad and frustrated. He talks about how upset he is that his Bar Mitzvah has been cancelled. Then they talk about the plans they had and how things have to change.



When Ari is ready, Tatty and Mummy call Zevi and Miri to join the discussion.

"We are here to discuss Ari's Bar Mitzvah," says Tatty to Zevi and Miri.
"I thought it was cancelled!" exclaims Miri.
"Yes," explains Mummy, "the booking for the hall and the big meal has been cancelled. That is very upsetting for Ari and for all of us too. It is normal to feel frustrated and maybe even angry that we cannot do what we planned."

"We can feel disappointed, but also at the same time we can change our expectations. We may see that we can still enjoy something that is completely different than what we imagined," adds Mummy. "Maybe all the guests won't be here as planned but our family will certainly celebrate Ari's Bar Mitzva on Wednesday at home together!"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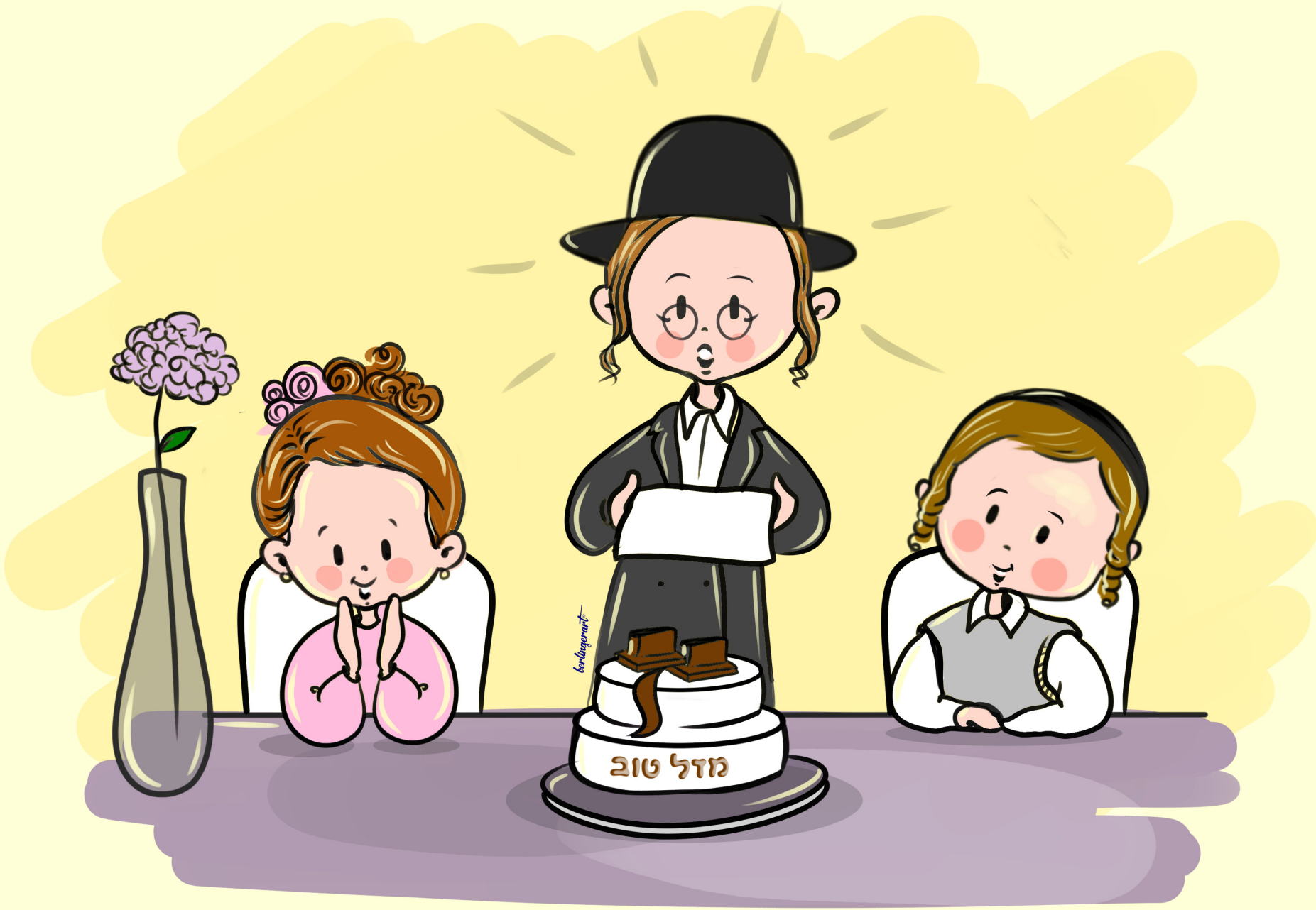
On Wednesday Miri puts on her beautiful rose pink dress. She brushes her hair and gives one final twirl in the mirror before heading downstairs to Ari's Bar Mitzvah. The 'Bar Mitzva at Home' is special even without any guests. The table is set beautifully and Mummy has made a delicious meal. They take beautiful pictures and Zevi is so proud of how grown up his big brother Ari looks.

Ari stands up, clears his throat and starts his 'pshetel'- his Bar Mitzvah speech. At the end he says, "A very big thank you to my incredible parents and siblings for being the best ever!" He then tells everyone how the evening was so different than what he had expected. When he changed his expectations and just let Hashem direct his bar mitzvah, he realised that what seemed so terrible was beautiful after all.


מזל טוב

Questions:

1. What were Zevi and Miri's family waiting to celebrate?

2. What feelings can we have when something does not go as planned?

3. How did the family learn to cope with disappointments?

Activity:

Ari dealt with a very big disappointment. Write down any times you feel disappointed. In the second column you can write down how changing your expectations can help.

Disappointments:	Changing my expectations:

Well done!